

Trafford Veterans CIC



MAKING A DIFFERENCE IN THE COMMUNITY

This month we are sad to hear of the passing of HRH The Duke of Edinburgh.

Fair winds and following seas Sir, may you rest in peace.

Allotment Project

Our team of volunteers have been working on our Veterans allotment project in Sale Moor and it's looking fantastic! It's our



very own piece of the Universe, where we can go and sit and have a brew, read a book, do some gardening and be amongst nature, more importantly feel at peace and de-stress. They have been busy adding a few nods to the armed forces too with a Tommy Soldier in the archway, Lancaster Bomber across the

back of the shed, MASH tent (Poly tunnel), Royal Navy ship and tri service herb garden!

If you would like to visit at any time or be part of the team, we have our own keys so please get in contact with us



Grow, Cook, Eat

We're delighted to be working in partnership with Groundwork and Operation Re org on a project funded by the Armed Forces Covenant. Grow, Cook, Eat takes place on Thursdays from 1100 to 1500 at our allotment on Warslow Drive, M33 2XN. Come and learn some new skills, meet other veterans, share some banter and stories over a brew! More updates to follow......



Courses



With huge THANKS to local business Let's Cook Cookware, who have kindly sponsored some courses for our volunteers. A level 3 First aid course is booked for 10 of our volunteers in May and n online Nutrition course with dates yet to be confirmed. If you would like to take part in the Nutrition course, then please contact us. These courses will be delivered by Ethical Education Enterprise CIC.

Take a look at the Let's Cook website

www.letscookcookware.co.uk





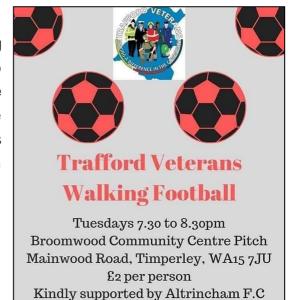
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Walking football returns!

This month saw the long awaited return of our walking football on a Tuesday evening. Huge THANKS to Altrincham FC in the community for helping us run these sessions. If you would like to take part, then please head to the Altrincham FC website, look at the clubs and activities tab and select Walking football. You can then book a place for a number of weeks.

www.altrinchamfccommunity.co.uk







Veterans Funerals

This month we were sad but honoured to provide a guard of honour, a bugler to play the last post and two Royal Navy Association standard bearers at the funeral of World War 2 Veteran George Graburn. Fair winds and following seas sailor, may you rest in peace.



Our veterans also turned out to line the driveway at Altrincham crematorium for the funeral of SSGT George Taylor who served 45 years in the Royal Logistics Corps and then the Army Reserves with 207 Field Hospital. Stand down soldier your duty is done, may you also rest in peace.





Altrincham FC Drop in

A huge THANK YOU to Altrincham Football Club who allow us to use their Vice Presidents lounge once a month to hold a veteran's drop in. As a support group, we have been allowed to continue these through the lockdown using strict covid safe practices and adhering to the Government guidelines of up to 15 people. We have hand wash and hand gel stations, booked appointments, masks being worn indoors and NHS track and trace in place. The next one will be in May, date to be confirmed but hopefully Monday 17th! Keep a look out on our social media where we will announce it once confirmed.

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Donations

A huge THANK YOU to the RLC Army Reserve Unit at Haldane Barracks in Salford, who donated us some sandbags. These will be

used on our allotment project shortly for another World War 2 military twist!

A big THANK YOU to the Friends 500 club who have kindly made a donation of £500 to our group this month.

This will help us to keep providing activities or keeping our 2 support vans on the road.

THANK YOU to Arnold Clark as we were successful with a community fund grant of £1000 this month. This will be used to help the return of our model making and craft group.





A heartfelt THANK YOU from us all at Trafford Veterans to the family of World War 2 Royal Navy George Graburn. They kindly made a £200 donation to our group following his funeral.

Partington Market Stall returns!

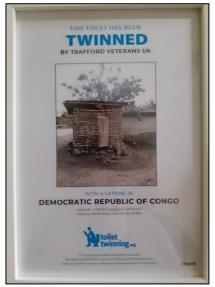


On Saturdays between 0800 and 1400 you can find us on the main carpark at the shops on Central Road in Partington. There is a small

market there and we have a stall selling kit, camping gear and military bricks. We have been visited by veterans and family members from many different services and regiments. Why not pop and see us for a cup of tea / coffee and see what our fundraising stall has to offer.



Toilet Twinning



Thanks to Helen, the caretaker at St Matthews Hall in Stretford where we hold our model and craft group, who brought this to our attention. We all tend to take the toilets and the sanitation we have for granted. In countries like the Democratic Republic of Congo they don't have the same luxuries, that's why Trafford Veterans jumped at the chance to take part to be a sponsor. Water and sanitation projects enable families to build a toilet, have access to clean water, and to learn about handwashing and other hygiene

principles. Dignity is restored when the whole family can use a private, hygienic toilet at their home and no longer have to squat in the bush.





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Veterans into Logistics



The team at Veterans into Logistics help Veterans back into work through driver training and then onwards support to find full time employment in

the Logisitcs world. This month we were pleased to be able to support them with the use of our 17 seater minibus to run a course.

For more details about what they do, please visit their website

www.veteransintologistics.org.uk

Blue Light Angling

For any of our veterans who are interested in fishing, then we are pleased to have found an angling group local to us run by Veterans. More details can be found on their website

www.bluelightangling.co.uk

Rive Light Rangling Mindfullness and Wellbeing programme for front line heros NHS Mindfullness and Wellbeing Angling Programme for front line heros Mindfullness and Wellbeing Angling Programme for front line heros





Last year, one of our veterans attended a bicycle repair course over in Warrington with huge thanks to the Warrington Veterans Hub. He will soon have some refurbished mountain bikes for veterans and their families, in return for a small donation towards the group. Details and pictures will be posted in the Trafford Armed Forces Breakfast page on Facebook when they

are ready.

Please help us get back on our feet!

Before the lockdowns, we ran a number of activities throughout Trafford. These were a monthly breakfast (FLIXTON), a weekly model making and craft group (STRETFORD), walking football

sessions (TIMPERLEY), allotment project (SALE MOOR), food share and coffee morning (PARTINGTON), Community drop in (ALTRINCHAM) and minibus trips. We



could not have done this without volunteers and raising funds to pay for equipment and room hire etc. If you would like to become a volunteer or know of a fundraising idea or company who may like to become an activity sponsor, then please contact us!

Become A Sponsor



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Useful links



0121 262 3058 or email info@rfea.org.uk

www.casort.org/information-and-advice





www.trusselltrust.org/get-help/find-a-foodbank Streford, Partington and Trafford South all have foodbanks



0300 777 7777

customer@mytht.co.uk

www.traffordhousingtrust.co.uk



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