

Singing for Lung Health



**NEW GROUP
STARTING IN SALE**

Starting Wednesday 22nd March
2pm until 3.30pm
No experience necessary - just
willingness to give it a go!

Made possible by an arms length grant from Chiesi Limited.
Thanks to Unlimited Potential for past support.



FOR MORE INFORMATION AND TO
REGISTER INTEREST CONTACT
**NURSE HEATHER HENRY ON
07941 790 670**

BREATHCHAMPS@BRIGHTNESSMANAGEMENT.CO.UK

- Learn to breathe more effectively
- Meet others who know exactly what you are going through
- Classes designed specifically for people living with chronic lung conditions
- Join a community which will support and empower you
- Gain confidence to be out in the world
- Led by specially trained singers, approved by Asthma and Lung UK